

Pressure Care Solutions

Keep it simple, keep it safe!

A structured approach to selecting heel offloading and pressure redistribution solutions for at-risk patients

01 Skin Assessment & Risk Factors

Identify patients at risk of pressure ulcers

Using Waterlow, Braden, Purpose T or equivalent local tools

High Risk Factors

- Reduced mobility (Bedbound, post-op, long term hospitalisation)
- Neuropathy (diabetes, spinal cord injury, alcohol misuse)
- Cognitive impairment (dementia, delirium)
- Circulatory issues (Peripheral arterial disease, cardiovascular conditions)
- Respiratory disease (COPD, hypoxia - delayed healing)
- Malnutrition, dehydration, obesity or underweight
- Incontinence (MASD), excessive sweating, thin/fragile skin

Early identification prevents complications!

02 Simple Options:

Option	Advantages	Risks
Pillows	<ul style="list-style-type: none"> ◦ Low-cost, widely available ◦ Can be positioned for offloading 	<ul style="list-style-type: none"> ◦ Compression over time ◦ Patient moves, reducing effectiveness ◦ Shear forces still possible ◦ Nurses time to ensure positioning is correct for offload
Knee Break on bed	<ul style="list-style-type: none"> ◦ Reduces direct heel pressure ◦ Helps prevent patient sliding (friction/shearing forces) ◦ Adjustable for comfort ◦ Can be used in conjunction with offloading devices 	<ul style="list-style-type: none"> ◦ Does not offload heels ◦ Can be uncomfortable for some

03 Prolevo Pressure Care Solutions

Designed for effective, long-term pressure relief

Product Image & Name	Pressure Relieving	Offloading	Easy to clean	Single Patient Use	Multi Patient Use	Multiple Sizes	Ambulatory
HeelPro							
HeelPro Advance							
FootSafe							
HeelSafe							
SoleSafe							
Safeguard Utility Pad							
Ambulatory Pressure Relief Boot							
Pressure Relief AFO							

Best Practice Recommendations:

Use the right offloading method
Based on patient risk level

Combine Knee Break
With Prolevo Pressure Care Solutions

Monitor patients regularly
To prevent complications!

Need Expert Advice?...Contact TalarMade today!